Course Description: QQI Level 5 – Care Skills & Care of the Older Person

A flexible online approach developed to allow you to learn at your own pace. through pre-recorded lectures, and access to associated reading material. Both the Care of the Older Person and Care Skills are QQI Level 5 Minor Awards (Individual Modules) which is designed to provide the learner with the knowledge, skills, and competencies to support and meet the needs of older people and to care effectively and to a high standard using the best practice while adhering to current legislative and regulatory requirements. Learners will develop an understanding of the concept of the aging process and explore ways to enhance the quality of life of the older person.

Care of the Older Person and Care Skills enables learners to acquire the skills to meet the needs of the older person and to understand the role of the healthcare assistant in promoting a positive attitude to aging and death and dying. Learners develop the skills necessary to deliver the best practices associated with the provision of holistic care and to explore the range of services available to older people. Learners are encouraged to take a proactive role in health promotion and to gain knowledge of basic therapeutic intervention skills. The importance of communication is emphasised throughout the programme. Learners are required to complete 30 hours of work placement in a suitable healthcare setting where they are provided with opportunities to put what they learn through their studies, into practice.

NOTE: For many settings, learners will be required to have completed Manual Handling and Cardiac First Responder training in advance of work placement.

- To facilitate the learner to develop the skill, knowledge and understanding of how to operate the cumulative, emergency and temporary tax system
- To assist the learner in developing the academic and vocational language, literacy and numeracy skills related to Payroll through the medium of the indicative content
- To enable the learner to take responsibility for his/her own learning

Module Aims – Care Skills

The aim of this module is to provide the learner with the knowledge, skills and competency to care for clients in a hygienic and professional manner.

Module Objectives – Care Skills

- To develop a better understanding of the maintenance of a safe environment for clients of differing needs.
- To enable students to develop an awareness of the range of needs of clients in need of care and determine the appropriate level of care to be offered as part of a multidisciplinary healthcare team.

- To facilitate students to develop interpersonal skills.
- To demonstrate knowledge and skills required to assist clients with activities of daily living.
  to provide a safe environment for staff, clients and any other people who may enter the workplace.
- To promote dignity, choice, and empowerment of residents in a healthcare facility
- Examine the physical, emotional, social, psychological, and spiritual needs of a range of groups of people considering individual variation.

Module Aims – Care of the Older Person

The aim is to provide the knowledge, skills and competency to provide the full range of needs i.e. holistic care for older people in a variety of care settings working under the direction and supervision of nursing staff.

Module Objectives – Care of the Older Person

- Acquire the skills to meet the needs of the older person
- To understand the role of the healthcare assistant in promoting a positive attitude to ageing and death and dying.
- To enable learners to acquire the best practice skills associated with the provision of holistic care.
- Understand the range of services available to older people.
- To acquire the communication skills required to enable the healthcare assistant to communicate effectively with the older person, their family and the multidisciplinary team.
- To take a proactive role in health promotion
- Acquire the basic therapeutic intervention skills