



Cashel Community School

Adult Education Programme



Course Description: QQI Level 6 – Therapeutic Play Skills

The aim of this module is to provide learners with the knowledge, skill and competence required, to use play as a therapeutic medium in a range of early years and special needs settings, with a primary focus on holistic development. In addition, the module will provide the learner with the relevant knowledge, skill and competence to assist children in the development of their emotional literacy and to develop the skills necessary to alleviate behaviour and mental health problems.

Course Objectives

- To provide learners with a solid understanding of the principles underlying play therapy.
- To foster proficiency in the use of appropriate techniques utilising the play therapy tool kit.
- To enable learners to assess specific individual children's needs and to organise the provision of Therapeutic play facilities for these children.
- To provide the learner with a comprehensive understanding and appreciation of ethical issues and considerations.
- To develop the practical skills necessary to plan, prepare and implement Therapeutic play sessions with individual children and/or groups.
- To develop the ability to design and implement a range of practical play techniques.
- To introduce the learner to the concept of the Therapeutic play continuum.
- To develop the knowledge and skills required to be an effective member of a multi-disciplinary team in a range of early years and special needs settings.